

intense P R E P

6 WEEK INTENSIVE PROGRAM TO GET YOU NCLEX
READY FOR GOOD!

WHAT'S INCLUDED

Video lectures

Structured schedule

Worksheets + Case Studies

Practice questions

Simulated live sessions

Unlimited email access to personal tutor

Bi-weekly group sessions

Personalized feedback

WHAT'S IT LIKE

This is a challenging program designed for students who need more structure and guidance to pass their NCLEX. It also provides enhanced accountability in the form of weekly check-ins, assignments, and access to a personal tutor for questions. Students have a six-week schedule which includes 3-6 hours of study per day, 5-6 days per week. This includes watching video lectures, taking notes, completing worksheets, making flashcards, doing practice questions, and taking readiness assessments.

LET'S GET STARTED

First - review your weekly plan in your schedule booklet in-depth at the beginning of each week!

Second - Watch the required video lecture in your Archer Review portal. Follow along and take notes in your activity booklet.

Third - Complete the assigned worksheets and skeleton notes in your activity booklet.

Fourth - Log into your Archer Review question bank and complete the required questions for the day.

Fifth - Attend at least one simulated live session each week.

Sixth - Attend the group session with your tutor weekly. Discuss your strategy for next week with your tutor. Email them with questions and get personalized feedback.

MONTH ONE

MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY SUNDAY

Lab values ABGs	Fluids & electrolytes		Pharmacology			
	→	→	→	→	→	
Fundamentals			Cardiac			
→	→	→	→	→	→	
Respiratory		Neurology		Gastro- intestinal	Genito- urinary	
→	→	→	→			
Endo		Hematology Infectious disease	Burns	Musculoskeletal + Mental Health	Review	
→	→					

PRIORITIES

Fundamentals and foundation of core knowledge
Memorizing normal values
Learning the systems

W E E K O N E

DEC. 6th - 12th

<p>MONDAY</p> <p>Video lecture: Lab values, ABGs:</p> <p>Worksheet: ABG interpretation</p> <p>Practice questions: 75 tutor mode questions; all subject areas.</p>	<p>TUESDAY</p> <p>Video lecture: Sodium, Potassium, Calcium</p> <p>Worksheet: Skeleton notes</p> <p>Practice questions: 75 tutor mode questions; all subject areas.</p> <p><u>SIMULATED LIVE: 9am-12pm CST</u></p>
<p>WEDNESDAY</p> <p>Video lecture: Magnesium, phosphorus, chloride, IV fluids</p> <p>Worksheet: Skeleton notes</p> <p>Practice questions: 75 tutor mode questions; all subject areas.</p>	<p>THURSDAY</p> <p>Video lecture: Pharmacology</p> <p>Worksheet: Dosage Calculation</p> <p>Practice questions: 75 tutor mode questions; pharmacology subject</p> <p><u>SIMULATED LIVE: 9am-12pm CST</u></p>
<p>FRIDAY</p> <p>Video lecture: Pharmacology</p> <p>Worksheet: Skeleton notes + create flashcards for all drugs discussed.</p> <p>Practice questions: 75 tutor mode questions; all areas.</p>	<p>SATURDAY</p> <p>Continue skeleton notes for all electrolytes.</p> <p>Make flashcards for all normal lab values.</p> <p>Make flashcards for all drugs.</p>
<p>SUNDAY</p> <p><input checked="" type="checkbox"/> REVIEW WEAK AREAS FROM TUTOR MODE QUESTIONS</p> <p><input checked="" type="checkbox"/> ENSURE ABG WORKSHEET, DOSE CALC WORKSHEET, SKELETON NOTES FOR THE WEEK, AND FLASH CARDS ARE COMPLETED.</p>	<p><i>meetings</i></p> <p><input type="checkbox"/> ATTEND AT LEAST ONE SIMULATED LIVE SESSION</p> <p><input type="checkbox"/> CHECK IN WITH TUTOR VIA EMAIL</p>

W E E K T W O

DEC. 13th - 19th

<p>MONDAY</p> <p>Video lecture: Lines/tubes/drains, EKGs, G+D, Isolation, Restraints Worksheet: Erikson, Piaget. Practice questions: 75 tutor mode questions; fundamentals subject. <u>SIMULATED LIVE: 9am-12pm CST</u></p>	<p>TUESDAY</p> <p>Video lecture: Review one video of your choosing from the past two weeks. Worksheet: Isolation, + skeleton notes Practice questions: 75 tutor mode questions; fundamentals subject. <u>GROUP TUTORING SESSION: 9-11 am CST</u></p>
<p>WEDNESDAY</p> <p>Video lecture: Cardiac Worksheet: Blood flow through the heart. Practice questions: 75 tutor mode questions; ALL subjects, CARDIOVASCULAR lesson. <u>SIMULATED LIVE: 9am-12pm CST</u></p>	<p>THURSDAY</p> <p>Video lecture: Cardiac (watch again!) Worksheet: EKG Interpretation Practice questions: 75 tutor mode questions; fundamentals subject.</p>
<p>FRIDAY</p> <p>Video lecture: Cardiac (watch again!) Worksheet: Cardiac case study. Practice questions: 75 tutor mode questions; ALL subjects, CARDIOVASCULAR lesson. Activity: Review your flashcards</p>	<p>SATURDAY</p> <p>Video lecture: Review one video of your choosing from the past two weeks. Worksheet: Skeleton notes Practice questions: 75 tutor mode questions; ALL subjects, CARDIOVASCULAR lesson. Activity: Review your flashcards</p>
<p>SUNDAY</p> <p><input checked="" type="checkbox"/> REVIEW WEAK AREAS FROM TUTOR MODE QUESTIONS</p> <p><input checked="" type="checkbox"/> ENSURE EKG, G&D, ISOLATION, AND CARDIAC WORKSHEETS, AND SKELETON NOTE FOR THE WEEK ARE COMPLETED.</p>	<p><i>meetings</i></p> <p><input type="checkbox"/> ATTEND AT LEAST ONE SIMULATED LIVE SESSION</p> <p><input type="checkbox"/> ATTEND GROUP TUTORING SESSION</p> <p><input type="checkbox"/> CHECK IN WITH TUTOR VIA EMAIL</p>

W E E K T H R E E

DEC. 20th - 26th

<p>MONDAY</p> <p>Video lecture: Respiratory Worksheet: Asthma case study Practice questions: 75 tutor mode questions; ALL subjects, ALL lessons. <u>SIMULATED LIVE: 9am-12pm CST</u></p>	<p>TUESDAY</p> <p>Video lecture: Respiratory Worksheet: Respiratory anatomy, skeleton notes Practice questions: 75 tutor mode questions; ALL subjects, RESPIRATORY lesson. <i>Readiness assessment</i></p>
<p>WEDNESDAY</p> <p>Video lecture: Neurology Worksheet: Skeleton notes Practice questions: 75 tutor mode questions; ALL subjects. <u>SIMULATED LIVE: 9am-12pm CST</u></p>	<p>THURSDAY</p> <p>Video lecture: Neurology Worksheet: Neuro case study. Practice questions: 75 tutor mode questions; ALL subjects, NEUROLOGIC lesson. Activity: Review your flashcards</p>
<p>FRIDAY</p> <p>Video lecture: Gastrointestinal Worksheet: Skeleton notes Practice questions: 75 tutor mode questions; ALL subjects, lesson. Activity: Review your flashcards <i>Readiness assessment</i></p>	<p>SATURDAY</p> <p>Video lecture: Genitourinary Worksheet: Skeleton notes Practice questions: 75 tutor mode questions; ALL subjects, GASTROINTESTINAL/NUTRITION lesson.</p>
<p>SUNDAY</p> <p><input checked="" type="checkbox"/> REVIEW WEAK AREAS FROM TUTOR MODE QUESTIONS</p> <p><input checked="" type="checkbox"/> ENSURE RESPIRATORY WORKSHEET, RESPIRATORY AND CARDIAC CASE STUDIES, AND SKELETON NOTES FOR THE WEEK ARE COMPLETED.</p> <p><u>GROUP TUTORING SESSION</u> <u>9 am-11 am CST</u></p>	<p><i>meetings</i></p> <p><input type="checkbox"/> ATTEND AT LEAST ONE SIMULATED LIVE SESSION</p> <p><input type="checkbox"/> ATTEND GROUP TUTORING SESSION</p> <p><input type="checkbox"/> CHECK IN WITH TUTOR VIA EMAIL</p>

W E E K F O U R

DEC. 27th - JAN 2nd

<p>MONDAY</p> <p>Video lecture: Endocrine: steroids + ADH</p> <p>Worksheet: Skeleton notes</p> <p>Practice questions: 75 tutor mode questions; ALL subjects, ENDOCRINE lesson.</p> <p><i>Readiness assessment</i></p>	<p>TUESDAY</p> <p>Video lecture: Endocrine: thyroid + parathyroid + diabetes</p> <p>Worksheet: Diabetes case study</p> <p>Practice questions: 75 tutor mode questions; ALL subjects, ENDOCRINE lesson.</p> <p><u>SIMULATED LIVE: 9am-12pm CST</u></p>
<p>WEDNESDAY</p> <p>Video lecture: Hematology + ID</p> <p>Worksheet: Skeleton notes</p> <p>Practice questions: 75 tutor mode questions; ALL subjects, HEMATOLOGICAL lesson.</p>	<p>THURSDAY</p> <p>Video lecture: Burns</p> <p>Worksheet: Rule of 9's + Parkland Burn Formula</p> <p>Practice questions: 75 tutor mode questions; ALL subjects, ALL lessons.</p> <p><u>SIMULATED LIVE: 9am-12pm CST</u></p>
<p>FRIDAY</p> <p>Video lecture: Review self-study musculoskeletal slides + Mental Health video</p> <p>Worksheet: Skeleton notes</p> <p>Practice questions: 775 tutor mode questions; MENTAL HEALTH subject.</p> <p><i>Readiness assessment</i></p>	<p>SATURDAY</p> <ol style="list-style-type: none">1. Review your tests2. Send your tutor your score reports from the week.3. Highlight three areas you need to work on next week for a discussion with them.
<p>SUNDAY</p> <p><input checked="" type="checkbox"/> REVIEW WEAK AREAS FROM TUTOR MODE QUESTIONS</p> <p><input checked="" type="checkbox"/> ENSURE BURN WORKSHEETS, DIABETES CASE STUDY, AND SKELETON NOTES FOR THE WEEK ARE COMPLETED.</p>	<p><i>meetings</i></p> <p><input type="checkbox"/> ATTEND AT LEAST ONE SIMULATED LIVE SESSION</p> <p><input type="checkbox"/> CHECK IN WITH TUTOR VIA EMAIL</p>

MONTH TWO

MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY SUNDAY

<input type="checkbox"/> Obstetrics + Maternity <hr/>	<input type="checkbox"/> <hr/>	<input type="checkbox"/> Pediatrics <hr/>	<input type="checkbox"/> <hr/>	<input type="checkbox"/> Oncology <hr/>	<input type="checkbox"/> Prioritization + Delegation Testing strategy <hr/>	<input type="checkbox"/> <hr/>
<input type="checkbox"/> Review <hr/>	<input type="checkbox"/> <hr/>	<input type="checkbox"/> <hr/>	<input type="checkbox"/> <hr/>	<input type="checkbox"/> <hr/>	<input type="checkbox"/> <hr/>	<input type="checkbox"/> <hr/>
<p><i>p a s s y o u r</i></p>						
<p>N C L E X</p>						

PRIORITIES

Specialty knowledge

Critical thinking

Applying your core knowledge to challenging questions.

W E E K F I V E

JAN. 3rd - 9th

<p>MONDAY</p> <p>Video lecture: OB</p> <p>Worksheet: GTPAL, FHR Monitoring</p> <p>Practice questions: 75 tutor mode questions; ALL subjects, ALL lessons.</p> <p>Activity: Review your flashcards</p> <p><i>CAT Exam</i></p>	<p>TUESDAY</p> <p>Video lecture: OB</p> <p>Worksheet: OB Case Study, Skeleton notes</p> <p>Practice questions: 75 tutor mode questions; ALL subjects, ALL lessons.</p> <p><u>SIMULATED LIVE: 9am-12pm CST</u></p>
<p>WEDNESDAY</p> <p>Video lecture: Pediatrics</p> <p>Worksheet: Skeleton notes</p> <p>Practice questions: 75 tutor mode questions; CHILD HEALTH subject, ALL lessons.</p> <p><u>GROUP TUTORING SESSION:</u> <u>9am-11pm CST</u></p> <p><i>Readiness assessment</i></p>	<p>THURSDAY</p> <p>Video lecture: Pediatrics</p> <p>Worksheet: Skeleton Notes</p> <p>Practice questions: 75 tutor mode questions; CHILD HEALTH subject, ALL lessons.</p> <p><u>SIMULATED LIVE: 9am-12pm CST</u></p> <p><i>CAT Exam</i></p>
<p>FRIDAY</p> <p>Video lecture: Oncology</p> <p>Worksheet: Skeleton notes</p> <p>Practice questions: 75 tutor mode questions; ALL subjects, ALL lessons.</p> <p><i>Readiness assessment</i></p>	<p>SATURDAY</p> <p>Video lecture: Prioritization + Delegation + Testing Strategies</p> <p>Worksheet: Skeleton notes</p> <p>Practice questions: 75 tutor mode questions; ALL subjects, ALL lessons.</p> <p>Activity: Review your flashcards</p>
<p>SUNDAY</p> <p><input checked="" type="checkbox"/> REVIEW WEAK AREAS FROM TUTOR MODE QUESTIONS</p> <p><input checked="" type="checkbox"/> ENSURE OB WORKSHEETS, OB CSE STUDY, AND SKELETON NOTES FOR THE WEEK ARE COMPLETED.</p>	<p><i>meetings</i></p> <p><input type="checkbox"/> ATTEND AT LEAST ONE SIMULATED LIVE SESSION</p> <p><input type="checkbox"/> ATTEND GROUP TUTORING GROUP SESSION</p> <p><input type="checkbox"/> CHECK IN WITH TUTOR VIA EMAIL</p> <p><input type="checkbox"/> MAKE A PLAN WITH YOUR TUTOR FOR THE FINAL WEEK</p>

W E E K S I X

JAN. 10th - 16th

<p>MONDAY</p> <p>Video lecture: review one video lecture from a week area.</p> <p>Activity: Teach your skeleton notes from the lesson you chose to a friend.</p> <p>Activity: Review your flashcards</p>	<p>TUESDAY</p> <p>Video lecture: review one video lecture from a week area.</p> <p>Activity: Review a case study and talk it through with a friend.</p> <p><u>SIMULATED LIVE: 9am-12pm CST</u></p> <p><i>Readiness assessment</i></p>
<p>WEDNESDAY</p> <p>Video lecture: review one video lecture from a week area.</p> <p>Activity: Teach your skeleton notes from the lesson you chose to a friend.</p> <p>Activity: Review your flashcards</p> <p><i>CAT exam</i></p>	<p>THURSDAY</p> <p>Video lecture: review one video lecture from a week area.</p> <p>Activity: Review a case study and talk it through with a friend.</p> <p><u>SIMULATED LIVE: 9am-12pm CST</u></p>
<p>FRIDAY</p> <p>Video lecture: review one video lecture from a week area.</p> <p>Activity: Review a case study and talk it through with a friend.</p> <p>Activity: Review your flashcards</p> <p><i>Readiness assessment</i></p>	<p>SATURDAY</p> <p>Skim through all your notes one time.</p> <p>DO NOT do any more practice questions!</p>
<p>SUNDAY</p> <p>PASS YOUR NCLEX!!</p>	<p><i>meetings</i></p> <ul style="list-style-type: none"><input type="checkbox"/> ATTEND AT LEAST ONE SIMULATED LIVE SESSION<input type="checkbox"/> ATTEND WEEKLY TUTORING GROUP SESSION<input type="checkbox"/> CHECK IN WITH TUTOR VIA EMAIL

